



The spiritual barriers people face are countless, but they can be categorized into Eight Primary Walls. When considering the primary walls and the secondary mindsets by which they might be manifested, here are FORTY WALLS that can hold us back:

i. **Shame:** a sense that one can never be accepted by God.

1. Regret
2. Self-blame
3. Disgrace
4. Condemnation

**Anyone can overcome a “Wall of Shame” by experiencing a Grace Breakthrough!**

ii. **Confusion:** a mindset that is divided by conflicting information.

1. Indecision
2. Dysfunction
3. Resentment
4. Exasperation

**Anyone can overcome a “Wall of Confusion ” by experiencing a Character Breakthrough!**



iii. **Compromise:** a willingness to forsake that which is most important.

1. Rebellion
2. Hypocrisy
3. Disgrace
4. Hostility

**Anyone can overcome a “Wall of Compromise ” by experiencing a Purity Breakthrough!**

iv. **Pride:** a sense of entitlement that places oneself above God.

1. Ritual
2. Self Sufficiency
3. Idolatry
4. Ambivalence

**Anyone can overcome a “Wall of Pride ” by experiencing an Ownership Breakthrough!**

v. **Doubt:** a lack of confidence in the integrity of God’s promises.

1. Disappointment
2. Indecision
3. Unbelief
4. Skepticism

**Anyone can overcome a “Wall of Doubt ” by experiencing a Conviction Breakthrough!**



vi. **Despair:** a sense that the future holds nothing good.

1. Anxiety
2. Bitterness
3. Hopelessness
4. Pessimism

**Anyone can overcome a “Wall of Despair ” by experiencing an Expectation Breakthrough!**

vii. **Isolation:** an intentional withdrawal from relationships to avoid pain or responsibility for others.

1. Loneliness
2. Prejudice
3. Anger
4. Distrust

**Anyone can overcome a “Wall of Isolation ” by experiencing a Commitment Breakthrough!**

viii. **Misplaced Priorities:** the tendency to look inward at one’s own needs at the expense of investing in the greater good.

1. Distraction
2. Selfishness
3. Self-Preservation
4. Greed

**Anyone can overcome a “Wall of Misplaced Priorities” by experiencing a Legacy Breakthrough!**

