

Personal Walls Evaluation: Despair

By now, you have completed the Walls Assessment, and you're ready to begin addressing one of the faith barriers that all of us face in life. **Despair can be defined as a sense that the future holds nothing good.** But the great news is that, like any of the walls you may face, you can experience a Faith Breakthrough by focusing on who God is, and what He promises us!

The tools available at Faithbreakthroughs.com and in the Vision Center at BBC are in place to help you address and overcome the wall you are facing. As you embark on this journey, remember three important questions that are essential to your Faith Breakthrough:

When you ask the question "Who is God?" in light of the Despair Wall, remember that the Scripture tells us **God is Faithful.** Study **Psalm 89:1-2** to learn more about the implications of these attributes of God's character. What do these verses tell us about God?

When you ask the question "What is True?" in light of the Despair Wall, you find that God's nature has caused Him to make incredible promises to us. Study **2 Corinthians 1:19-20** and **Philippians 1:6** to discover more about these promises. What has God promised YOU?

To dig deeper, search for key words in Scripture, such as these related to your wall: despair, hopeless, sorrow, discourage, resign. This is best done by using a concordance – a fancy word for a keyword search tool for the Bible. You can even use a topical Bible tool to search for topics in the Bible – even if the actual word doesn't appear. For example, you might find a great verse on despair, but another word for despair is used.

When you ask the question “Why am I Here?” in light of the Despair Wall, you find that there are certain steps of faith that will go hand in hand with believing the promises God has given you. Given the promises you have already read in Scripture, what steps do you need to take to walk in – and experience the blessing of – those promises?

Sharing God’s Promises: You will come to a place in your journey where you will be challenged to share what God has done – and is doing – with others as you celebrate the victory over your Wall. Consider the following as idea starters:

When breaking through a Wall of Despair, it is especially important not just commemorate your Breakthrough, but to celebrate your Breakthrough! Consider a small party with some of those you love, and use it to proclaim that you refuse to be trapped behind this wall just because of your circumstances. You have every reason to anticipate good things from God in the future!

You’ve taken a major step in beginning the process toward your Faith Breakthrough by completing this assessment. Congratulations on your willingness to begin the exciting journey!

Where do I go from here? As you face your wall, you will begin to understand that connection with other Christians in a Bible-believing church is vital. At Bannockburn, we offer several ways for you to connect with other believers. Our Growth Group classes are designed to help you discover God’s promises through interactive Bible study, biblical community and mission involvement.

We also offer Breakthrough classes for you and your family. These classes are designed to help you face your wall and prepare your family to face their wall. In the Vision Center, you will find helpful pointers, recipe cards and classes offered at Bannockburn that will help you on your journey.