

Personal Walls Evaluation: Guilt

By now, you have completed the Walls Assessment, and you're ready to begin addressing one of the faith barriers that all of us face in life. **Guilt can be defined as a sense that you could never be accepted by God.** But the great news is that, like any of the walls you may face, you can experience a Faith Breakthrough by focusing on who God is, and what He promises us!

The tools available at Faithbreakthroughs.com and in the Vision Center at BBC are in place to help you address and overcome the wall you are facing. As you embark on this journey, remember three important questions that are essential to your Faith Breakthrough:

When you ask the question "Who is God?" in light of the Guilt Wall, remember that the Scripture tells us He is gracious and merciful. Study **John 1:14** and **Psalms 103:8-13** to learn more about the implications of these attributes of God's character. What do these verses tell us about God?

When you ask the question "What is True?" in light of the Guilt Wall, you find that God's nature has caused Him to make incredible promises to us. Study **Romans 8:1** and **Romans 10:9-11** to discover more about these promises. What has God promised YOU?

To dig deeper, search for key words in your Bible, such as these, related to your wall: shame, regret, guilt, disgrace, reproach, humiliate. This is best done by using an online concordance – a fancy word for a keyword search tool for the Bible. You can even use a topical Bible tool to search for topics in the Bible – even if the actual word doesn't appear. For example, you might find a great verse on forgiveness, but another word for forgiveness is used.

When you ask the question “Why am I Here?” in light of the Guilt Wall, you find that there are certain steps of faith that will go hand in hand with believing the promises God has given you. Given the promises you have already read in Scripture, what steps do you need to take to walk in – and experience the blessing of – those promises?

Sharing God’s Promises: You will come to a place in your journey where you will be challenged to share what God has done – and is doing – with others as you celebrate the victory over your Wall. Consider the following as idea starters:

When breaking through a Wall of Guilt, consider sharing through a meaningful symbol that will remain with you long after the moment – even if you do participate in a celebration. Perhaps a small piece of jewelry with a cross, or something you keep by your bedside from here on out. Of course, if you are experiencing God’s grace for the first time, the Lord gave us an incredible symbolic picture for sharing – the beauty of being baptized!

You’ve taken a major step in beginning the process toward your Faith Breakthrough by completing this assessment. Congratulations on your willingness to begin the exciting journey!

Where do I go from here? As you face your wall, you will begin to understand that connection with other Christians in a Bible-believing church is vital. At Bannockburn, we offer several ways for you to connect with other believers. Our Growth Group classes are designed to help you discover God’s promises through interactive Bible study, biblical community and mission involvement.

We also offer Breakthrough classes for you and your family. These classes are designed to help you face your wall and prepare your family to face their wall. In the Vision Center, you will find helpful pointers, recipe cards and classes offered at Bannockburn that will help you on your journey.